



Packing Checklist

Whether packing for 5 days or 5 weeks, these tips are sure to help you pack light.

- 5 Shirts- long and short sleeves
- 1 Sweater or lightweight fleece
- 2 Pairs of pants + 1 skirt
- 1 Pair of shorts
- 1 Pair of underwear and socks per day
- 1-2 Pairs of shoes- No more!
- 1 Rainproof jacket with hood
- Tie or scarf
- Sleepwear
- Swimsuit
- Money
 - Debit cards (for ATM withdrawals)
 - Credit cards
 - Cash- in small bills
- Passport

- Address List for sending postcards
- Notepad and Pen
- Journal
- Daypack
- Electronics
 - Camera
 - Mobile Phone
 - Laptop
 - Headphones
 - Chargers
 - Adapters
- Earplugs/Neckpillow
- Sealable Plastic Baggies
- Medication- Make sure to keep in your carry on
- Alarm Clock (if not part of phone or watch)
- Toiletries
 - Soap, Shampoo, Toothbrush,
 - Toothpaste, Deodorant, Sunscreen
 - Hand Sanitizer, Makeup

- Glasses and Sunglasses
- A Book
- Jewelry & Earrings- No more than 5 each
- One Dress or Dress shirt for men for Formal night

★ If you plan to carry on your luggage, note that ALL liquids must be in 3oz or smaller containers and fit within a single quart-sized bag. For details, see www.tsa.gov/travelers